



CHIOS MASTIHA

Unique Worldwide

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Chios island is the birthplace of shipping industry in Greece and hosts significant Historical Monuments. **Nea Moni** one of the most important Byzantine monuments in Greece, and **Anavatos**, the ruined Byzantine village, both are UNESCO World Heritage sites. **Daskalopetra**, is the area, where according to tradition, the Great Poet Omiros (Homer) wrote his masterpieces Iliad & Odyssey.

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It was assigned an **EU Herbal Monograph as a Traditional HERBAL MEDICINE** used for the **Symptomatic Treatment of minor Inflammations of the Skin and mild dyspeptic disorders**, by the European Medicines Agency (EMA). (EMA/HMPC/46758/2015)

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USES Pharmaceutical | Cosmetics
Spirits | Beverages | Nutrition

3

UNESCO'S Representative List of the Intangible Cultural Heritage of Humanity, inscribed the Know-How of Cultivating Chios Mastiha on the island of Chios.

(Nomination file No. 00993)



6

PROPERTIES Antioxidant
Antimicrobial
Antibacterial
Anti-inflammatory
Anti-diabetic



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MASTIHA GROWERS ASSOCIATION est. 1938

- 4000 farmers: 24 Villages in South Chios
- Annual Quantity: 160 TNS
- Over 150 Applications
- Exporting to 50 Countries Worldwide

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CHIOS MASTIHA is a resin excreted from the Mastiha tree exclusively grown at Omiros (Homer's) birthplace, in Chios island in the Aegean Sea. The Tree is cultivated, since Hippocrates period, only in South Chios, due to the unique characteristics of the ground, the microclimate and the Traditional Technique of Cultivation.

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CHIOS MASTIHA has been Granted the Status of **Protected Designation of Origin** in the EU.

[Regulation (EC) No 123/1997]



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BENEFITS

Skin

Anaplastic Factor of the Skin | Skin Regeneration | Trauma, wound, burn Healing

Oral Hygiene

Xerostomia | Gingivitis | Antimicrobial Action | Antiplaque Effects | Prevention of Caries

Gastrointestinal system

Crohn's disease | *Helicobacter pylori* | Dyspepsia | Prevention of Ulcers | Heartburn Relief | Stomach & Digestive Pain Relief

Chios Mastiha products available at:

